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“There is always hope. Hope for the future may change to hope for the present moment... Iowa River Hospice will always nurture hope.”

IOWA RIVER HOSPICE CELEBRATING 35 YEARS OF CARING

Your original community hospice since 1983 provides hospice care, wherever the patient calls home, within a 40-mile radius of Marshalltown. The Iowa River Hospice Home accepts patients outside of our service area also.



Thomas Jefferson said “If we did all the things we are capable of doing we would truly astound ourselves.” That statement describes the early days of our organization and our community as we rebuild.

Volunteers are the backbone of our organization. It was a dedicated group of volunteers who had the vision to create Iowa River Hospice over 35 years ago. Their energy and enthusiasm for the project spread as they learned more about this concept called hospice. They enlisted the help of many to

make that dream a reality. Volunteers continue to impact our work at Iowa River Hospice on a daily basis and we are grateful. Our faithful volunteers carry out countless tasks and our Board of Directors shares their dedication by leading our organization.

We are all a bit ‘Unsteady’ since the tornado ripped through our beloved community on July 19th. “Hold on to me ‘cause I’m a little unsteady” the song says. In many cases it’s volunteers who are holding us up.

The idea of doing more, giving more, helping more has been demonstrated over and over in our community. Neighbors, friends, coworkers and total strangers have gone the extra mile doing more. The number of people coming forward to lend a hand with no expectation of reward is astounding.

There is much to be done and there is no doubt that we will continue being astounded by the results.

#MarshalltownStrong

2 UPCOMING EVENTS

Clay Bird Shoot, October 7th

HEY THERE SHARP SHOOTERS!!

Mark Sunday **Oct 7th 9:00 -2:00** on your calendar and come enjoy a Sporting Clay Bird Shoot sponsored by our friends at the Izaak Walton League.

- Rain date Oct 14th
- There will be multiple courses and fun for all!
- Good food by Smokin G's, good fun for a good cause!

Call our office 641.753.7704 for more information.
See us on the web at www.iowariverhospice.org
Friend us on Facebook.

Proceeds will benefit Iowa River Hospice.



PAST EVENTS

2nd Annual Rib BBQ, June 13th

The 2nd annual Rib BBQ at the Farmer's Market was a huge success! The tantalizing aroma of perfectly smoked ribs was irresistible! Nearly \$3000.00 was raised that perfect June evening. Two Monster Grills were tended by the Swift Staff of able chefs. High school students, our own staff and hospice volunteers filled orders all evening. Our thanks to all who made it possible, and those who purchased those delicious ribs. See you next June!!



It's GREAT to be an Iowa River Hospice Volunteer

CONGRATULATIONS TO MARY BARTINE,
IOWA RIVER HOSPICE 2018 VOLUNTEER OF THE YEAR!

Mary was born, raised and has lived in Marshall County most of her life. She graduated from Mercy School of Nursing in Iowa City in 1956 and then had a 57 year career as an RN. Mary retired in 2013 and became an Iowa River Volunteer soon after. Mary volunteers at the hospice home every weekend, visits patients in care facilities, does respite care and makes the best treats for both staff and patients families. Mary and Charles "Dick" Bartine were married for 57 years before his passing. They raised 6 daughters, have 15 grandchildren, and 1 great-grandchild. In Mary's spare time she enjoys embroidering, cooking, time with her family and being a first responder for her area. Mary will be honored at the HPCAI Volunteer Recognition on September 21 in Ankeny.

Thanks, Mary for all you do for Iowa River Hospice,
Kay Iverson, Volunteer Coordinator



Mary's longtime friend and our Medical Director, Dr. Swinton asking Mary to be our Volunteer of the Year at a recent TEAM meeting.

IOWA RIVER HOSPICE VOLUNTEERS



Our thanks the charming entrepreneurs at Elim Preschool for supporting our mission with their lemonade stand.



Meet soon to be Dr. Michael Samel, our 4th year Des Moines University Med Student who is going into Internal Medicine. This will be a rotation that Mike will not forget. A patient let him play his 1952 Martin D-18 guitar which brought smiles to both Mike and our patient. Thanks for sharing your talents Mike!

CHAIR DONATION

Iowa River Hospice

Marla Grabenbaur and Karen Shipley Cooper identified a need when visiting the Hospice Home and donated these lovely chairs for our sitting rooms. McGregor's Furniture Store give us special pricing for our Hospice Home needs and we appreciate these very generous gifts!



WE CAN ALWAYS USE:

Toilet Paper
Paper Towels
Copy Paper
Pens
Coffee
 (Regular and Decaf)
Keurig Cups
Paper Plates
Napkins
Styrofoam Cups
Kleenex
Febreze Air Effects
 (Linen and Sky)
Clorox Clean-Up
 (Cleaner Plus Bleach)
2.5-Gallon Storage Bags
Garbage Bags
 (Drawstring, Kitchen type)
4' x 8' American Flags

OPPORTUNITIES *for giving*

MEMORIAL PAVERS

These pavers (bricks) will become a permanent part of the walkway and/or entrance and offer a way to recognize our donors and serve as a way to remember our loved ones. **\$250/paver**

MEMORIAL LEAVES ON DONOR TREE

A metallic leaf with a personal inscription can hang on our sculpted donor tree, located on the upper level of the Hospice Home. Another way to honor those we love. **\$1,000 and above**

GIFTS OF STOCK

A stock gift is a way to make a gift contribution and also receive a tax savings.

MEMORIALS OR HONORARY DONATIONS

Anyone can contribute to Iowa River Hospice in memory or in honor of a loved one. Frequently, gifts are designated to hospice in honor of someone's birthday, anniversary or a special event. Any amount is appreciated.

MATCHING GIFTS

Many employers offer matching gift programs if you contribute to a not-for-profit organization such as Iowa River Hospice. Ask your employer if a gift to Iowa River Hospice would qualify. It's a great way to increase your contribution and to involve your employer!

PLANNED GIFTS

This is a thoughtful way of giving after your death. Some examples of giving in this way are through a life insurance policy, your final will or an annuity.

ENDOWMENT

The Iowa River Hospice Endowment is set up and in operation! If interested, please call the hospice office and ask for Rhonda Miller. (641) 753-7704

Our handwriting is such a personal, distinctive part of our story. Do you have a recipe or letter in the handwriting of someone special? We have a creative way for you to preserve that piece of history! Our engraved cutting boards make terrific gifts for family and friends. Grandmother's famous recipe or a treasured letter from someone special can be engraved on our cutting boards and displayed where ever you wish. We are working with a local engraver to make your keepsake.

Dark writing works best for this project so bring us your treasures and we'll help you make them a keepsake! Great gift idea for any celebration!

8 ½ by 11 ½ inch Bamboo Board \$40.00

For more information or to order contact Rhonda Miller at 641-753-7704.



GROW THRU GRIEF

Once again, Iowa River Hospice will be offering **Grow Thru Grief**, a 5 week class led by a licensed social worker. The 2018 fall session will meet Thursdays, **November 1, 8, 15, 29, and December 6** (three meeting before Thanksgiving and two after). The group meets from **5:30 P.M. to 7:00 P.M.** in the lower level conference room of the Iowa River Hospice Home

which is located at **502 Plaza Heights Road, Marshalltown**. While the fall session focuses on preparing for the holidays, its purpose is to offer emotional support as well as education on the grief process. We will discuss normal reactions to grief, the significance of grief, and ways of coping. No one experiences the journey of grief the same but all

share common concerns. Having support of others going through loss can bring strength and comfort. Past enrollees state the group made them feel less alone.

There is no charge and all are welcome to attend. If you plan to attend, please call Iowa River Hospice at **(641)753-7704** to register in advance.



THANK YOU!

Due to the generosity of donors like you, we are able to dedicate ourselves to providing specialized care for our patients. Doing ‘whatever it takes’ to support our patients and their loved ones is at the core of our work and we couldn’t do that without you. Your donation helps your friends and neighbors at one of life’s most challenging times.

CLUBS & ORGANIZATIONS

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Unit # 73 Benevity
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Iowa
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Elim Lutheran Church Women Acct.
Farm Credit Services of America
First United Methodist Church
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Please provide us with your email address if you would like to receive your newsletter via email! We also have a copy of our newsletters on our website. As we are all aware, the cost of postage, as with everything else, is increasing as we speak. Please help us be more mindful of our donor dollars and of the "green crusade."

The best way to let us know of your email address is to contact our Administrative Coordinator, Lindsay Peak at: lpeak@iowariverhospice.org. Thank you!

YOU CAN HELP

TALK about hospice. Tell people how hospice has helped a family member, friend, neighbor or co-worker.

INVITE a hospice representative to speak to your civic, social or church group.

VOLUNTEER your time and talent. Hospice offers volunteer opportunities tailored to every interest.

CONTRIBUTE financially. Your support ensures that hospice is available to all who need it.

ENCOURAGE others to call hospice. If you know of someone affected by a life-threatening illness, or grieving by a life-threatening illness or grieving over a loss, tell them Iowa River Hospice is ready to help now.

BELIEVE that by working together we can truly be Neighbors Serving Neighbors in the communities we serve.

SCAM ALERT

Once again some members of our community are being targeted with a direct mail fundraiser appeal to support something called the Hospice Support Fund or HSF. If you read the fine print on the back of the computer generated letter it states that nearly 70% of the \$1.5 million they raised last year is used for fundraising,

14% on public education about their fundraising efforts, over 10% on administration and less than 6% for "program services." Know that this group is NOT affiliated with Iowa River Hospice in any way. Dollars donated to us stay in the communities we serve and support your family, friends and neighbors needing

end-of-life care and support. Please consider carefully before donating to any organization, particularly those that are not local. Call us for information on how we use your donations to support our work helping those in our community who need it most.